The Larapinta Trail is a world renowned walking trail spanning over 230 km throughout the West MacDonnell Ranges. The Larapinta Trail is walkable only with the permission of a S STUART HIGHWAY or a road train. The Larapinta Trail and the Telegraph Station and the Railway Line that is shared with mountain bikers. Please ride with mode and socially responsible trail use.

**Larapinta Trail**

‘Werte. Nh/enhe apm/ere
arrpe-/an/enhe-tyathe
M/wer/re ar/lte
Ar/rern/te-mape-/ak/enhe
M/wer/re apwelantye
arrwe’

**Larapinta Trail**

‘Welcome to Arrernte country. Have a good day and be aware of what’s around you. Thank you.’

**Traditional Owners**

**Larapinta Trail**

‘Werte. Nh/enhe apm/ere
arrpe-/an/enhe-tyathe
M/wer/re ar/lte
Ar/rern/te-mape-/ak/enhe
M/wer/re apwelantye
arrwe’

**Larapinta Trail**

‘Welcome to Arrernte country. Have a good day and be aware of what’s around you. Thank you.’

**Traditional Owners**

**Larapinta Trail**

‘Werte. Nh/enhe apm/ere
arrpe-/an/enhe-tyathe
M/wer/re ar/lte
Ar/rern/te-mape-/ak/enhe
M/wer/re apwelantye
arrwe’

**Larapinta Trail**

‘Welcome to Arrernte country. Have a good day and be aware of what’s around you. Thank you.’

**Traditional Owners**

**Larapinta Trail**

‘Werte. Nh/enhe apm/ere
arrpe-/an/enhe-tyathe
M/wer/re ar/lte
Ar/rern/te-mape-/ak/enhe
M/wer/re apwelantye
arrwe’

**Larapinta Trail**

‘Welcome to Arrernte country. Have a good day and be aware of what’s around you. Thank you.’

**Traditional Owners**
Please note that the Eastside Trails are under management, with new trails and improvements made throughout the year. The map may require adjustments to the track alignments shown on this map.

Trail difficulty ratings

**Extremely Difficult**: Suitable for experienced mountain bikers and high quality mountain bikes. Usually a challenging terrain with steep gradients, variable surfaces and severe obstacles.

**Very Difficult**: Suitable for skilled and experienced mountain bikers. Usually a challenging terrain with steep gradients, variable surfaces and some obstacles.

**More Difficult**: Suitable for skilled and experienced mountain bikers and lasting biker participants. Usually a challenging terrain with steep gradients, variable surfaces and some obstacles.

**Difficult**: Suitable for skilled and experienced mountain bikers and off-road bikes. Usually a challenging terrain with steep gradients, variable surfaces and some obstacles.

**Easy**: Suitable for beginner cyclists and mountain bikes. Usually a smooth path and firm surfaces with gentle gradients, smooth & firm surfaces and no obstacles.

**Very Easy**: Suitable for beginner cyclists and mountain bikes. Usually a smooth path and firm surfaces with gentle gradients, smooth & firm surfaces and no obstacles.

**Extremely Easy**: Suitable for children, walking tracks, and powered vehicles. Suitable for all ages, skill levels and fitness levels.

Local contacts

Report trail hazards, maintenance issues or other concerns, to the Rangers:

**Northern Territory**
• Call 0419 221 128
• Wildcare Alice Springs
  For injured wildlife
  > Call (08) 8955 0310

**Central Australian Rough Riders Club**

For more information on Mountain Biking in Alice Springs, check out northernterritory.com/mtb/alicesprings

Note: A & B lines are more difficult to provide for off-road vehicles and mountain bikes.

Note: The A & B lines share the same trail difficulty ratings as the marked trail.

Note: Signs to identify A & B lines are only provided where it’s not obvious.