



Foodie experiences in Darwin & surrounds

Three-day itinerary



Parap Market



Austin Lane - Darwin CBD

DAY 1

Start your foodie adventure in the tropical capital of Darwin with breakfast at Laneway Specialty Coffee in Parap. Visiting on a Saturday? Double up the morning by swapping out your smashed avocado for a laksa from Mary's Laksa at **Parap Markets**. Parap Shopping Village is dotted with art galleries and local boutiques – a worthwhile visit anytime during the week.

After filling up, head to the **Museum and Art Gallery of the Northern Territory** to learn on Larrakia country by discovering the region's cultural influences, military history and natural disasters that have all shaped what the city looks like today. Be sure to have lunch overlooking the harbour at **Saltwater @ Bundilla** located at the museum.

This afternoon, continue the culinary journey on a walking tour with **Darwin Gourmet Tours**, a great way to familiarise yourself with the city's best local eats. End the evening with a night cap at a recommended city bar from your tour guide or check out these **food and drink options**.



Market laksa

Prepare your senses for a culinary experience over three days in the tropics of Darwin.

Blending its close proximity to Asia with waters brimming with fresh catches and locally sourced native ingredients – the Northern Territory has mastered the flavours of contemporary cuisine.



TOP 10

1. Try a famous NT laksa at one of Darwin's iconic markets: **Mindil Beach Sunset Market**, **Parap Markets** or **Nightcliff Markets**
2. Catch and cook your own barramundi on a trip with **Kakadu Fishing Tours** or **Wildman Fishing Tours** in the Top End
3. Head to one of Darwin's best seaside restaurants with views for days at **Pee Wee's at the Point** in East Point Reserve
4. Learn from the locals and jump on a foodie walking tour with **Darwin Gourmet Tours**
5. Head out on an **all-inclusive sunset cruise** with Darwin Harbour Cruises, Sail Darwin or Cape Adieu
6. Eat and drink your way around the restaurants and bars at the **Darwin Waterfront**
7. Go bar hopping at **Charlie's of Darwin**, **Loading Bay** and **Babylon Bar** and explore the street art down Austin Lane in the CBD
8. Tantalize the tastebuds with a dining experience at **Hanuman** restaurant, owned by the well-known restaurateur Jimmy Shu or make a booking at the award winning **Phat Mango** for dishes showcasing locally sourced ingredients
9. Get out of town on a **bush tucker tour** with Offroad Dreaming to Berry Springs Nature Park to learn about bush foods
10. Kick off the day at one of Darwin's scrumptious cafés: **Ray's Café & Patisserie**, Sweet Brew, Aboriginal Bush Traders, Laneway Specialty Coffee in Parap or the Foreshore Café in Nightcliff



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**NORTHERN
TERRITORY**

Sail Darwin sunset
harbour cruise



DAY 2

Today, plan well ahead to organise your travel outside of Darwin for a day out on the water. A fishing charter is a must when visiting the Top End of the NT. Get the full experience on a catch and cook trip with an expert guide on Mary River or Yellow Water Billabong in Kakadu. Book a trip with **Wildman Fishing Tours** or **Kakadu Fishing Tours** with departures leaving from Cooina Lodge. After reeling in a fish, perhaps an elusive infamous barramundi, settle in for the evening with your catch of the day cooked to perfection over a glass of wine.

As an option for those who aren't fishing enthusiasts, jump on a bush tucker tour with **Offroad Dreaming**. Travel to **Berry Springs**, a 40-minute drive outside of Darwin, to walk through the monsoon rainforest and taste hand-picked bush foods from the surrounding area. Tee up the visit with a refreshing swim.

DAY 3

On your last day in the tropical metropolis of **Darwin**, pick a café that takes your fancy. You may choose Sweet Brew in Stuart Park for its ham and cheese toasted croissants; sit in the leafy outdoor area and dive into a plate of waffles at Ray's Café and Patisserie or enjoy the breeze while sipping on a frappe and fritters at Nightcliff Foreshore Café.

If you're looking to take a few tastes of the Territory home with you, visit **Aboriginal Bush Traders** on The Esplanade. The not-for-profit organisation uses local suppliers to stock native ingredients and sells Aboriginal art with funds going directly back into communities.

For the grand finale, take a **sunset cruise** around Darwin Harbour. Whether it's a champagne sunset on catamaran with Sail Darwin, seafood buffet on a Darwin Harbour Cruise or sit down to a three-course meal on Cape Adieu Harbour Cruises.

